



Instructions For the Fastime SW5 Sports watch: With basic start, stop, cumulative split and time of day alarm functions

Press button **MODE** to switch between stopwatch, time of day and alarm modes

Stopwatch mode:



Event Timing:	Split Timing:	1-2 Finish:
ST/STP – Start	ST/STP –Start	ST/STP– Start
ST/STP – Stop (time Out)	RESET – Split (cumulative)	RESET – Stop
ST/STP – Continue	RESET-Release.	ST/STP – Stop (1 st finish time)
ST/STP – Stop	ST/STP – Stop	RESET – Release (2nd finish time)
RESET - Reset	RESET - Reset	RESET - Reset

Time of Day Mode:

Time Date & Alarm Display:	How to Set Time & Date:	How to Set Alarm:
<p>Press button MODE to switch between stopwatch and time of day display.</p> <p>Hold ST/STP to display month date and day.</p> <p>Hold RESET to display alarm</p> <p>Hold ST/STP then press RESET to set alarm on or off</p>	<p>Press button MODE 3 times to enter set mode.</p> <p>Press RESET to select the digit</p> <p>Press ST/STP to change digits (seconds reset to zero)</p> <p>Hold ST/STP for rapid digit change</p> <p>Press MODE to return to time display.</p>	<p>Press button MODE 2 times to enter set mode</p> <p>Press RESET to select the digit</p> <p>Press ST/STP to change the digits</p> <p>Press MODE to return to Time of day display.</p>

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