



Instructions For the Fastime 20 Stopwatch: 10 lap memory, Repeating countdown timer, pacer, alarm and time of day functions

Stopwatch mode:



Event Timing:

Press **C** – Start, **C** – Stop (time Out) **C** – Continue
C – Stop **A** - Reset

Split Timing:

TWO display options: Top display shows either cumulative or lap splits (Press **MODE** to choose).
Bottom display shows cumulative running time

C –Start, **A** – Split,**C** – Stop,**A** – Reset.

Memory Recall: Press **B** anytime to recall memory.

Press **B** each split time to show split times starting from the last split. Each display shows the split number, the lap time and cumulative time.

Press **C** to show the average lap time

Press **A** to show the fastest/slowest laps and lap times

Press **MODE** to return to current running time

Press **MODE** button to move to Repeating Countdown Timer (9hr 59m 59sec) display:

To set timer, Press and hold **B** until digits flash. Press **A** to choose digits to change. Press **C** to change the digits. Press **B** to exit setting.

To start/stop the timer press **C**

Display shows target time, countdown time and number of repeats

Press **MODE** button to move to Pacer display:

Press **A** to set the pacer (from 10 to 240 per minute). Press **C** to start/stop the pacer
The display shows the pace per minute and the number of paces elapsed

Press **MODE** button to move to Alarm /Time of day display:

To set alarm time, Press and hold **B** until digits flash. Press **A** to choose digits to change. Press **C** to change the digits. Press **B** to exit setting

Press **MODE** button to move to Time of Day/date display:

To set time of day and date, Press and hold **B** until digits flash. Press **A** to choose digits to change. Press **C** to change the digits. Press **B** to exit setting

